

CURRICULUM VITAE



Professor Radosław Laskowski

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EDUCATION

1986-1991 MS, Physical Education – University of Physical Education in Gdansk, Poland.

1997 Ph.D. , Physical Culture Science – University of Physical Education in Gdansk, Poland.

2008 Habilitation in Physical Culture Science – University of Physical Education and Sport in Gdansk, Poland.

01.10.2019 Professor of medical and health sciences.

1989 - master class judo trainer

EMPLOYMENT

1990-1997 Assistant profesor, Department of Physiology, University of Physical Education in Gdańsk

1997-2008 Associate profesor, Department of Physiology, University of Physical Education and Sport in Gdansk

2008-2019 Associate professor, Head of the Department of Physiology, University of Physical Education and Sport in Gdansk

2019 - Professor , University of Physical Education and Sport in Gdansk

1989- Judo trainer, M class, KS AZS AWFIS Gdańsk

1995-1998 Head coach, National Junior Team in Judo

1998-1999 Head coach, Olympic Team of Women in Judo

2001-2004 Head Coach, Olympic Team of Women in Judo

SCIENCE ACHIEVEMENTS

Information: pubmed, web of science

RESEARCH INTERESTS

Exercise and sport physiology: adaptation to efforts of different intensity and duration, overload and overtraining.